

# Prairie Heritage Center Bison Stampede 5K Trail Run

Saturday, August 8, 2020

Registration from 6:30 a.m.

Race begins at 7:00, 7:15, 7:30 a.m.

Registration fee: \$25



**Race is sponsored by the Little Sioux Valley Conservation Association.**

- Registration and t-shirt pickup for the race will take place at the Prairie Heritage Center from 6:30 until 7:15. Pre-registration is encouraged.
- The race will be run on the trails around the center and on adjacent property. Be prepared for uneven surfaces.
- You may also choose to run the race virtually by running a 5k distance in a location of your choice.
- A swag bag of goodies will be given to each runner.
- Participation in this event is at "your own risk."
- Make checks payable to the Little Sioux Valley Conservation Association. No refunds will be given.
- Registration received by August 1 will be guaranteed a t-shirt.



Entrant's Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone Number \_\_\_\_\_ Email Address \_\_\_\_\_

Circle Start Time Preference: 7:00 7:15 7:30 Virtual

Circle: Male - Female

Circle Age Group: 13& Under; 14-19; 20-29; 30-39; 40-49; 50-59; Over 60

Circle T-Shirt Size: Adult: Sm - M - L - XL - 2XL

Mail registration to:  
Prairie Heritage Center  
4931 Yellow Ave  
Peterson IA 51047  
712-295-7200  
occb@iowatelecom.net  
www.prairieheritagecenter.org

I hereby agree not to hold the organizers, the O'Brien County Conservation Board, Little Sioux Valley Conservation Association, cities or government agencies, liable for any damages I may incur during my voluntary participation in this event. I am entering at our own risk with the full understanding of the inherent dangers of running on trails. I have read the foregoing release, understand its terms, and voluntarily signed this form. Please sign below.

\_\_\_\_\_

Date

\_\_\_\_\_

Entrant's signature

\_\_\_\_\_

Signature of parent/guardian if entrant is under 18

