

# Learn new skills!

## Sessions:

**Dutch Oven Cooking** – Pick up some new recipes and tricks for campfire cooking. The food you help to cook will be served for lunch.

**Prairie Hike & Plant ID** – Take a morning stroll through the tallgrass prairie. Learn about prairie history and gain some plant identification tips.

**Arrows & Spears** – Take aim! This session will provide an opportunity to shoot with a recurve bow as well as throw spears with an atlatl.

**Bison Ecology** – There is a LIVE bison herd at the center. Explore this animal's history, link to the prairie ecosystem and more.

**Monarchs & Gardens** – The monarch migration is underway. Take part in a citizen science project to tag butterflies enroute to Mexico. Learn how you can help their population numbers.

**Dog Training** – Whether you are working with your dog as a hunting dog or as a companion, you are sure to pick up some helpful hints at this session.

**Personal Time** – The afternoon sessions are designed to allow you to choose a session or enjoy personal time in the great outdoors!

## **Schedule – Saturday, September 12**

8:00 a.m. – Registration

8:30 – 9:30 – Dutch Oven Cooking – Lunch will be prepared in this session.

9:30 – 12:00 – Hike & Plant ID/Arrows & Spears

12:00 – 1:00 – Lunch

1:00 – 4:00 – Bison Ecology/Monarchs & Gardens /Dog Training

4:00 – 4:30 – Door prizes & Closing

## **Registration:**

The \$45 registration fee includes a National Wild Turkey Federation membership, subscription to Women in the Outdoors magazine, door prizes, all of the activities and the noon meal. Advance registration is appreciated. If you are already a WITO member, inquire about discount.

## **What to Bring:**

Dress for an active outdoor day. Don't forget your sunscreen!

## **Where to go:**

The Prairie Heritage Center is located between Peterson and Sutherland on Hwy 10. **Camping and cabins are available at Dog Creek Park** just a few miles away.

## **For More information:**

Contact us with questions!

Charlene Elyea – O'Brien Co Cons Board  
712-295-7200 occb@iowatelecom.net

Emily Ostrander – Lyon Co Conservation Board  
712-472-2217

lccbnaturalist@lyoncountyiowa.com

Matt Jurgens – Osceola Co Conservation Board  
712-758-3709 Mattjurgens2@gmail.com

Sunday Ford – Sioux Co Conservation Board  
712-552-3057 sundayf@siouxcounty.org

## Women In The Outdoors Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone & Email \_\_\_\_\_

Event sponsored by:

*Goblin Ghosts Chapter of the Wild Turkey Federation & Lyon, O'Brien, Osceola and Sioux County Conservation Boards.*

Please enclose a check for \$45 made payable to the National Turkey Federation – WITO. Mail registration to OBrien Co Conservation Board, 4931 Yellow Ave, Peterson IA 51047

*Meet new people!*

This event is a great opportunity for women to try new outdoor skills in a supportive environment!

Participants age 14-17 are asked to attend with an adult.

Bring along your friend, sister or mom, and enjoy a fun-filled day in the outdoors!



### SPECIAL OPPORTUNITY

A river float is planned as a pre-workshop event. Float the Little Sioux River on FRIDAY, September 11. We will meet at 10:00 a.m. at the Prairie Heritage Center. We'll eat lunch on the sandbar and plan to be back to the center by around 2:00 p.m.

You must contact us to pre-register for this event.

O'Brien Co Conservation Board  
4931 Yellow Ave  
Peterson IA 51047

*Enjoy a day away!*

## Women in the Outdoors Workshop

Saturday, September 12, 2015

8:00 a.m. – 4:30 p.m.

Prairie Heritage Center  
4931 Yellow Ave  
Peterson IA



*Explore new hobbies!*